

Dates
OF
Joint Solution Program's
Hip & Knee Replacement Pre-op Classes
2020

“Bone Up “



On Your upcoming Surgery!

Dates: On site (classes are approximately 1.5 hours long)

Monday	1/6	2/3	3/2	4/27	5/4	6/1	7/13	8/3	9/14	10/5	11/2	12/7
Wednesday	1/29	2/26	3/18	4/1	5/20	6/24	7/29	8/26	9/30	10/28	11/18	12/16

- Location: 3 North Physical Therapy Room
- Monday Classes start at 3:30
- Wednesday classes start at 5:00

Link to the ON –Line Pre-op class: www.montefiore.org/mnr-ortho

- On Line Class is a power point presentation , not a live webinar
- The on line pre-op class can be viewed at a time that is convenient for you

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